



# Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

*Powered by Avera Sports*

**2<sup>nd</sup>-4<sup>th</sup> Grade Boys/Girls**

## **Shooting Skills & Drills Workout**

**Form, Footwork & Follow-through**

**Location:** Avera Sports Center (85<sup>th</sup> & Minnesota)

**Cost:** \$99 *Please pay online at time of registration.*

**Athletes will receive Warwick Workout T-shirt & basketball**

The Warwick Workout Shooting Skills and Drills Workout is designed for players wanting to focus on art of shooting. This workout focuses on all aspects of shooting including form, footwork and follow through. The workout will incorporate multiple shooting drills designed to practice and focus on shooting and using proper shooting mechanics as well as finishing drills.

Wednesday, January 11th	5:00-6:00 pm
Wednesday, January 18th	5:00-6:00 pm
Wednesday, January 25th	5:00-6:00 pm
Wednesday, February 1 <sup>st</sup>	5:00-6:00 pm
Wednesday, February 8 <sup>th</sup>	5:00-6:00 pm
Wednesday, February 15 <sup>th</sup>	5:00-6:00 pm

**Register online at [www.warwickworkouts.com](http://www.warwickworkouts.com)**

**Find your session under the register HERE tab**

Contact Kris Warwick or Cody Schilling with questions about workouts

Email: [warwickworkouts@gmail.com](mailto:warwickworkouts@gmail.com)

Cell: (605) 391-6700 Kris or Cody Schilling (712) 461-2316

**WHERE CHAMPIONS TRAIN.**